Alexander Gunyon

From: Caroline Wetherill

Sent: 29 May 2024 20:04 **To:** Consultations

Subject: Re: Chapter 2 (Canterbury), Policy C12 - University of Kent development

Categories: Blue category

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Good evening,

I am writing in response to the proposed plan which directly affects the University of Kent and the Crab and Winkle Way.

For the past 10 years I have been part of the Canterbury parkrun community which passes through the proposed area for regeneration.

Canterbury parkrun meets every Saturday, rain or shine at the University Old Pavilion and is a charity organisation which welcomes people from all walks of life, all ages, ethnicities, beliefs etc. It a place where everyone is welcome, whether you can run, walk, volunteer or just spectate.

During my time at parkrun I have see friendships form, mental health and physical well being improve and for many who return to parkrun weekly, it is a place to call home..

In the UK heart disease is one of the biggest killers, along with strokes and respiratory diseases such asthma so I am extremely upset to find that the positive impact of Canterbury parkrun has been overlooked. Not only this but the government and councils are aware of the national crisis with obesity and mental health, yet are happy to destroy a community event which has a positive impact on all these things.

Moreover, parkrun also helps shape future generations and has supported many young adults to complete their Duke of Edinburgh scheme by helping them volunteer at out events.

Canterbury parkrun is a community which brings nothing but positive benefits to the area and I would ask that these points be taken into account when considering future plans for this area.

Kind regards,

Caroline Wetherill

